**Topic:** Hygiene and Bedmaking **Instructor:** Professor Austin

**Domain:** Nursing

**Concept:** Comfort

**Assigned Readings*:***

Burton, M., & Smith, D. W. (2023). *Fundamentals of Nursing Care: Concepts, Connections & Skills* (4th ed.). F.A. Davis Company. **Chapter 15: Personal Care-** pages 237-270

* [**Link to Chapter 15**](https://fadavisreader.vitalsource.com/reader/books/9781719647779/epubcfi/6/66%5B%3Bvnd.vst.idref%3Dc15%5D%21/4/2/2/2/3%3A8%5BER%20%2C15%5D)
* pages 237-253 are content, this teaches you background knowledge
* pages 253-270 are skill lists, this teaches you the steps to perform a skill

**Suggested Readings:**

Burton, M., & Smith, D. (2023). *Study Guide for Fundamentals of Nursing Care: Concepts, Connections & Skills*. F.A. Davis Company.

 **Chapter 15: Personal Care-** pages 113-119

* [**Link to Chapter 15 Study Guide**](https://fadavisreader.vitalsource.com/reader/books/9781719649292/epubcfi/6/48%5B%3Bvnd.vst.idref%3Dc15%5D%21/4)
* These are the pages that match the content we are covering. They are great practice.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Topic Learning Objectives** | **Course Learning Outcome** | **Content** | **Teaching Strategies** | **Resources** | **Evaluation Methods** |
| Define various terms associated with personal care. | 1, 2, 3 | Assisted care, self-care, total care, hygiene, activities of daily living (ADLs), draw sheet, excoriation, lesion, maceration, mottling, venous return  | Interactive Lecture, Nursing Lab | Assigned reading, PowerPoint, Davis Advantage | Large Group Discussion, Nursing Lab, Unit &/or Final Exam |
| Describe the benefits of bathing for both patient and nurse. | 1, 2, 3 | Assessment of skin, increased circulation, comfort/relaxation, promotes nurse-patient relationship | Interactive Lecture, Nursing Lab | Assigned reading, PowerPoint, Davis Advantage | Large Group Discussion, Nursing Lab, Unit &/or Final Exam |
| Explain nursing considerations when planning patient care and bathing. | 1, 2, 3, 5 | Patient preferences, timing, cultural considerations, patient abilities, documentation | Interactive Lecture, Nursing Lab | Assigned reading, PowerPoint, Davis Advantage | Large Group Discussion, Nursing Lab, Unit &/or Final Exam |
| Explain guidelines and nursingresponsibilities for bathing. | 1, 2, 3, 4, 5, 6 | Responsibilities of the nursewhen assisting and/or giving a bath, documentation | Interactive Lecture, Nursing Lab | Assigned reading, PowerPoint, Davis Advantage | Large Group Discussion, Nursing Lab, Unit &/or Final Exam |
| Describe observations to make and techniques to use during oral care, hair care, ear care, eye care, and nail care. | 1, 2, 3, 6 | Denture care, conscious vs.unconscious patient, removing prosthesis, lice, seborrhea | Interactive Lecture, Nursing Lab | Assigned reading, PowerPoint, Davis Advantage | Large Group Discussion, Unit &/or Final Exam |
| Describe nursing responsibilities when making occupied and unoccupied beds. | 1, 2, 3, 4 | Delegation, safety, making occupied and unoccupied bed, closed bed, open bed | Interactive Lecture, Nursing Lab | Assigned Reading, PowerPoint, Davis Advantage | Large Group Discussion, Nursing Lab, Unit &/or Final Exam |

**Course Student Learning Outcomes**

The Santa Fe College PN student will:

1. **Safety/Quality Improvement:** describe the basic principles, processes, and practices in the healthcare environment while recognizing quality improvement practices used in the healthcare setting.

2. **Patient-Centered Care:** provide basic nursing care to patients that encompass patient preferences, values, and needs while encouraging patients to be an active participant in their care.

3. **Professionalism:** demonstrate professional behaviors according to legal and ethical nursing practice standards.

4. **Teamwork/Collaboration:** recognize the roles and basic functions of all members of the multidisciplinary teams.

5. **Evidence-Based Practice/Clinical Reasoning:** recognize the importance of incorporating evidence-based practice into nursing care.

6. **Informatics:** recognize how information technology is utilized to document and manage the quality and safety of patient care.